

WHITE CHICKEN CHILI

Ingredients:

1 lb lean ground turkey or chicken
1/2 cup chopped onion
2 cups chicken broth
1 small can of diced green chilis
2 cans small white beans (Great Northern), do not drain
2 cans white kidney beans (Cannellini), drain and rinse
2 tsp garlic powder
2 tsp cumin
1 tsp oregano
1/4 tsp crushed red pepper (optional)

Directions:

Brown meat and onion together, drain.

Put it into a large soup pot.

Add chicken broth, chilis, small white beans (do NOT drain), kidney beans (drain and rinse), garlic, cumin, oregano, and red pepper.

Heat through.

Top with tortilla chips and jack cheese.